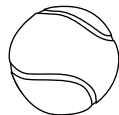


Former Maine Pines Tennis Campers have gone on to play for Yale, Brown, Harvard, Providence, Bates, Bowdoin, Colby, Bentley and Brandeis. Whether played at the college or the club level, tennis is a great lifelong sport. Maine Pines Tennis Camps provide the foundation for enjoyment of tennis regardless of playing level.

MEET THE STAFF



Lisa Gilbride, *Camp Director*

Racquets Director, CLC/YMCA

Head Women's Coach Providence College

Head Women's Coach Springfield College

Head Girl's Coach Brunswick High School

Coach of the Year (1990 & 1997)

USPTA Northern Pro of the Year (2003)

Teaching Professional (New England) for 25 years

USPTA Certified

Rob Manter, *Camp Manager*

Owner & Manager Maine Pines Racquet & Fitness

New England Club Manager of the Year USPTA

(2002, 2007)

Director of Tennis Winchester (VA) Country Club

Teaching Pro Hampshire Hills, Milford, NH

Head Girl's Coach Brunswick High School

Head Boy's Coach Brunswick High School

Coach of the Year (1996)

Northern Pro of the Year USPTA (1997)

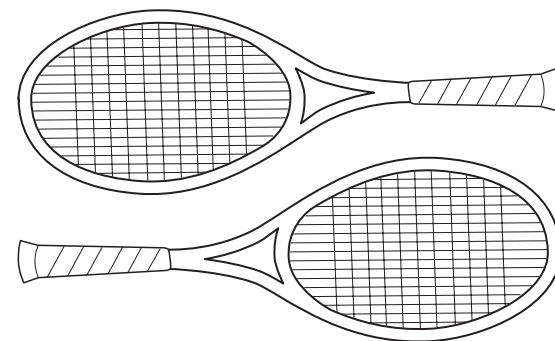
USPTA Certified

Staff

USPTA certified professionals and New England college players join this highly qualified and experienced leadership to comprise the best camp teaching staff in Maine.

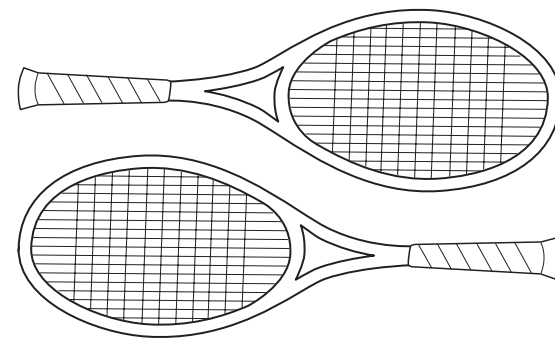


Rob Manter / Lisa Gilbride
120 Harpswell Road
Brunswick Maine 04011

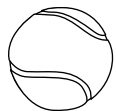


2010 MAINE PINES TENNIS CAMPS

located at
**BOWDOIN COLLEGE
&
SUGARLOAF**



MAINE PINES TENNIS CAMPS



located at

BOWDOIN COLLEGE

JUNIOR CAMP

Ages 8–14

June 21–June 25

JR. HIGH/HIGH SCHOOL TRAINING CAMP

Ages 12–18

July 12–July 16

JUNIOR TRAINING CAMP

Ages 10–18

July 19–July 23

JUNIOR CAMP

Ages 8–14

August 9–August 13

located at

SUGARLOAF

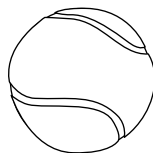
ADULT WEEKEND CAMP

July 24–July 25

For more Information

(207) 729–8433

rmanter@gwi.net



CAMP HIGHLIGHTS

- **Maximum 6 campers per instructor**
- T-shirts
- Fun games and Skills contests
- Swimming pool (junior camps only)
- Beat the pro
- Trophies awarded for 1st place Davis Cup
- Parents can observe drill & strategy sessions

Rain back-up location at Maine Pines Racquet and Fitness for Bowdoin Camps.

JUNIOR CAMP GENERAL DAILY PROGRAM

- 8:45–9:00 Warm-up stretching
 - 9:00–9:30 On-court warm-up drills
 - 9:30–12:00 Instruction & “stroke-of-the-day”
 - 12:00–12:30 Pool
 - 12:30–1:15 Lunch
 - 1:15–2:00 Strategy & Tactics
 - 2:00–3:00 Davis Cup play with critique
 - 3:00–3:30 Wrap-up games
- Introduction to next day’s plans

Please note: Friday camp sessions end at 1:30 p.m. with an award ceremony to follow.

What you need to bring:

- Racquet
- Tennis Sneakers - No Running Shoes!
- Water Bottle
- LUNCH in a cooler
- Clothing appropriate for weather conditions, e.g. hats, change of shirt, socks
- Bathing suit and towel (junior camps only)
- Sunscreen

ADULT SUGARLOAF CAMPS

Begin at 10:00 a.m.

(Special Sugarloaf rates available for over-night guests.

Call 1-800-THE-LOAF for information.)

REGISTRATION

MAINE PINES TENNIS CAMP

Name _____

Address _____

E-mail _____

Phone _____

Age (children only) _____ Sex _____

Level of Play Advanced Intermediate

Beginner Advanced Beginner

Please check appropriate camp

Sugarloaf Bowdoin June 21–25 (8–14 year olds) \$240

July 12–16 (12–18 year olds) \$240

July 19–23 (10–18 year olds) \$240

August 9–13 (8–14 year olds) \$240

July 24–25 (Adult Weekend) \$150

\$75 non-refundable deposit due upon registration

Check payable to Maine Pines Tennis Camp

Submit to Rob Manter

Maine Pines Racquet & Fitness

120 Harpswell Rd., Brunswick ME 04011

Permission and Liability Waiver

Please enroll my son, daughter or me. I understand that neither Bowdoin College, Maine Pines Racquet & Fitness, Sugarloaf, nor anyone associated with the Tennis Camp will assume any responsibility for accidents and medical or dental expenses incurred as a result of participation in this program. The applicant is in good health, is covered by insurance and is able to participate in the physical activity of a rigorous program. In the event of injury or illness, I authorize the camp staff to act according to their best judgement in providing medical care.

Participant's Parent or Adult Participant's Signature